



## BACK ON COURT: SQUASH/ RACKETBALL

**Following completion of a Covid risk assessment by the committee, the following control measures are to be adhered to by all playing members.**

### **YOUR DUTY TO EACH OTHER:**

#### **PRIOR TO PLAY:**

- Please enter the club by the Entrance Door only (Top door)
- Arrive ready to play in your kit to minimise people in the changing rooms, and no earlier than five minutes before the session start time. Shoes must be changed prior to play to safeguard court surfaces
- The sanitisation of hands on entrance/arrival is mandatory. Please use products provided
- Please sign in the attendance register for purposes of Track and Trace ([www.gov.uk](http://www.gov.uk))
- Go straight to court and await your opponent; however, if in use, you must wait on the balcony/viewing area to avoid congesting the passageway to the courts.
- Coaching sessions must be limited to 1-3-1 sessions until further notice.
- If using the warm-up area, please clean down with disinfectant wipes after use.

#### **DURING PLAY:**

- Belongings are to be taken on court with you
- Please refrain from wiping hands down court walls/glass back during play
- England Squash recommend new boxed ball for each game and there is to be no sharing of equipment
- Please bring your own towel and drink (labelled plastic bottle) containing your own drink for use during play
- Sweatbands to be used to minimise sweating/droplets onto the court floors

#### **FOLLOWING PLAY:**

- Any obvious spillages/moisture on court should be immediately wiped up
- Members are requested to wipe down court door handles both sides with disinfectant wipes after play on court and dispose in the bins provided outside the court area
- Players should exit the building immediately following the end of play if not wishing to shower as in the guidelines provided below. Note, you must shower if intending to use the bar after play.
- Only 2 persons in showers at a time is advised for both players and a minimum of time is requested with cooler water than normal to prevent aerosol droplets/moisture
- Men are to use both male and female changing rooms and Ladies are to use disabled facility showering one at a time. 2m social distancing in changing rooms is advised for all players
- All saunas will be closed until further notice
- Please ensure you do not leave any property in the changing room as this will now be thrown away
- If staying on at the club for refreshment, please adhere to bar guidelines – 2m social distancing and no standing at the bar once drinks are obtained
- Exit by bottom door only.

### **OUR DUTY TO YOU:**

- Throughout the club, there are posters giving advice please take time to read them
- There is an enhanced cleaning schedule for cleaning services in progress and will be completed daily
- We are willing to listen to any constructive comments

**IMPORTANT: In the interests of you, all other members and the wider community, we appeal to all players to act responsibly by adhering to the club's Covid-secure safety guidance. If you are unsure of anything or have any questions, please contact a member of the committee for clarification. Thank you.**